



dyvigya care

*Dyvigya Care  
Wellness Foundation*

# ANNUAL REPORT 2021-22

**“Innovating Traditions,  
Empowering Lives”**



Released in MAY 2022

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# ABOUT US

**Dyviga Care Wellness Foundation (DYCWF)** is a Uttar Pradesh-based organization, registered under Section 8 of the Company's Act, 2016. Founded with the vision to uplift marginalized communities and promote sustainable development, our organization has spent the past years working tirelessly toward creating lasting positive change in the lives of those in need. Our foundation was established with a core belief in the power of community-driven initiatives and the potential for transformation through education, health, skill development, and environmental sustainability.

From our early days, we have focused on building strong relationships with local communities, government bodies, and other stakeholders to implement meaningful projects that address key challenges such as poverty, gender inequality, lack of education, and access to basic amenities. We prioritize grassroots-level interventions that create long-term, scalable impact, empowering individuals and communities to thrive independently.

Our approach is rooted in compassion, collaboration, and a relentless drive to make a difference. Over the years, we have expanded our reach to multiple districts in Uttar Pradesh, providing vocational training, improving health and sanitation standards, promoting women's rights, and supporting the welfare of animals. We have also focused on environmental sustainability, championing eco-friendly solutions like waste-to-product initiatives and tree plantation programs. As we continue to grow, our foundation remains committed to working hand-in-hand with local communities, government agencies, and like-minded organizations to implement projects that improve the quality of life for those who need it most. Our work is guided by the belief that true change happens when we empower individuals and create opportunities for growth and development at every level.



## **VISION**

To foster a sustainable and inclusive world where poverty is eliminated, gender equality is realized, and environmental balance is achieved through innovative and compassionate initiatives.

## **MISSION**

To empower marginalized communities, especially women and girls, through targeted support and empowerment programs. We focus on cow welfare, promoting sustainable agricultural practices, and advancing climate action through responsible production methods. By addressing the interconnected challenges of poverty, gender inequality, and climate change, we aim to build a resilient and equitable society.



# DIRECTOR'S NOTE



***“In the humblest of things, we find the power to heal, to uplift, and to transform.”***

*Dear Friends and Supporters,*

2021–22 has been a defining year for Dyvrigya Care Wellness Foundation. With the launch of Project Govardhan, we stepped into a new journey—where cow dung became a tool for livelihood, dignity, and sustainability. From creating eco-friendly products to involving women, children, and even prison inmates, this year has been about turning forgotten resources and people into forces of change.

We've reached hundreds of families with food, medicine, and menstrual hygiene support, while empowering over 270 women with employment and skill-building opportunities. Our

partnerships—with gaushalas, local communities, schools, and government—strengthened our belief that real change comes from working together, at the grassroots.

Each small step we took this year reflects our mission to uplift the marginalized with compassion, purpose, and care. Thank you to everyone who walked this path with us. The journey continues—with more hands, more hope, and more heart.

With hope and determination,

***Neena Gauri Jain***

***Founding Director,***

***Dyvrigya Care Wellness Foundation***

# INTRODUCTION



The year 2021–22 was a landmark chapter in the journey of DYCWF—a year marked by innovation in sustainability, expansion of community-led models, and deepened commitment to holistic development. Amidst ongoing recovery from the pandemic's effects, we **launched** a new and transformative domain of work—**Project Govardhan**, focused on cow-dung based livelihood generation, environmental conservation, and spiritual wellness. Under this initiative, we explored the power of cow dung not just as a traditional resource but as a catalyst for economic empowerment, ecological responsibility, and cultural preservation. Children at Gurukuls participated in workshops and created incense sticks, eco-friendly lamps, and Ganesh Ji idols from cow dung, instilling respect for indigenous materials and sustainable practices from a young age. We partnered with nine Gaushalas across Moradabad, Meerut, Haldwani, and Garh Mukteshwar (Hapur) to scale the production of cowdung logs (GauCast) and various puja items.

In a milestone initiative, over 1,00,000 diyas made from cow dung were sent to Ayodhya for Dev Deepawali, and eco-friendly Holika Dahan was celebrated at 200+ locations across Moradabad and Meerut using 100% GauCast. We also engaged in showcasing and marketing these products at district and national-level exhibitions, elevating visibility for sustainable rural enterprise.

**Women's employment** remained at the heart of Govardhan, as we **trained and engaged women**—including prison inmates in **Moradabad and Meerut**—in the creation of Ganesh Ji idols and other products. This became a flagship initiative, merging livelihood with rehabilitation and dignity.

Our commitment to **women's health and empowerment** also continued with impactful **menstrual hygiene campaigns under Mission 100 Life-Altering Pads**, reaching 800+ women across rural Moradabad and urban Ghaziabad. **Collaborations with BJP Mahila Morcha** and organizations like Mitrakshi Club helped conduct awareness drives, distribute free sanitary pads, and provide skill training in underserved and custodial communities, including female inmates in Moradabad Women's Jail.

As part of our **COVID-19 response**, we extended unwavering support to vulnerable populations. We distributed **free ration kits** to 200 families for an entire year, **medicines** to 176 families, and **satvik meals** for COVID-19 patients over five months. The pandemic response also became a gateway for livelihood generation—over 270 women were employed across various initiatives: cooking, mask and PPE kit production, and manufacturing sanitary pads.

We are proud to share this year's journey—a testament to resilience, compassion, and collective action. Each intervention carried the spirit of community, innovation, and the core mission of DYCWF: uplifting lives with dignity and purpose.

# IMPACTS *Of* Project Govardhan (Cow-Dung-Based Initiatives)

*9 Gaushalas  
partnered:* 5 in Moradabad, 2 in Meerut,  
1 in Haldwani, 1 in Hapur)

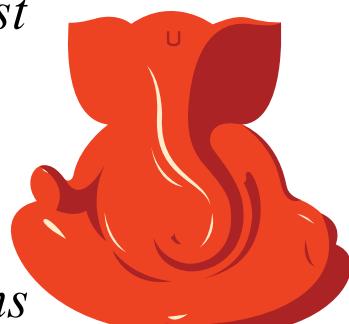
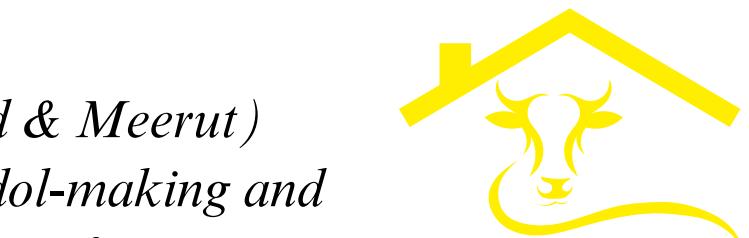
*2  
District  
Prisons* (Moradabad & Meerut) involved in idol-making and artisan training for women inmates

*6 exhibitions  
/fairs* participated in for showcasing cow dung products

*1,00,000 cow dung diyas  
sent to Ayodhya for Dev Deepawali*

*200+ locations  
celebrated eco-friendly  
Holika Dahan using Gaucast*

*150+ artisans  
employed to make  
Ganesh idols and pooja items*



*45+  
Gurukul  
children  
trained in  
cow-dung  
craft making*

# IMPACTS *Of* Menstrual Hygiene & Women Empowerment

*800+ females*

*adopted under  
Mission 100 Life-  
Altering Pads (1-year  
sanitary pad support)*

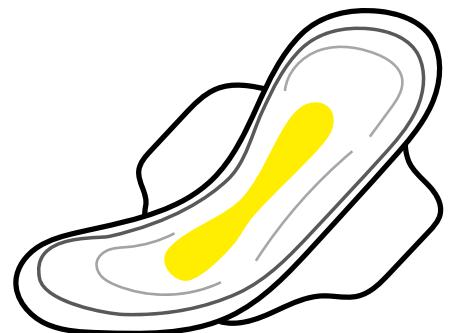


52  
*Awareness  
Camps*

*in Moradabad &  
Ghaziabad,  
focusing on  
menstrual health  
& hygiene*

*35,000+  
Sanitary Pads*

*distributed in rural and  
suburban campaigns*



# IMPACTS *Of* COVID-19 Response & Relief



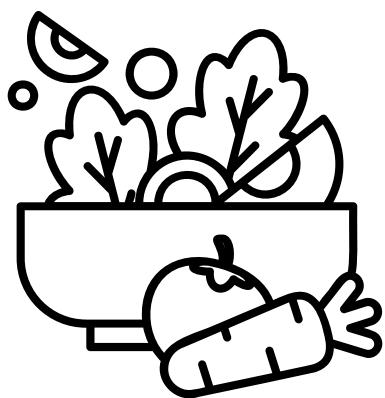
4800+

*rickshaw pullers, auto drivers, &  
the homeless fed (in partnership  
with Aap Sabki Rasoi)*



176  
*families*

*provided with  
free medicines*



5 months  
*of free Satvik  
meal delivery to  
COVID patients*



200  
*families*

*supported with  
ration kits for  
one full year*

# IMPACTS *Of* Employment



*270+ women*

*employed in total, across these fields:*



*50 women*  
*in PPE Kits production*

*200+ women in mask-making*



*10 women*  
*in pad-manufacturing unit*

*10 women*  
*in cooking for*  
*COVID meal services*

# SUSTAINABLE DEVELOPMENT GOALS (SDGS)

## *Alignment with DYCWF Activities*

Our initiatives during this year directly contributed to the following SDGs:



### SDG 1 – No Poverty

Free ration kits, medicines, and essential supplies to 200+ families and prison inmates; livelihood generation for women and inmates.



### SDG 2 – Zero Hunger

Free Satvik meals for COVID-19 patients; monthly food distribution to rickshaw pullers, auto drivers, and the homeless.



### SDG 3 – Good Health and Well-being

COVID-19 relief, menstrual hygiene awareness, sanitary pad distribution, and prison health awareness drives.



### SDG 4 – Quality Education

Workshops for Gurukul children; skill-building (e.g., stitching, idol-making) for women and prison inmates.

**5 GENDER EQUALITY**
**SDG 5 –  
Gender Equality**

Women employment campaigns, menstrual hygiene education, income generation through cow-dung-based products.

**8 DECENT WORK AND ECONOMIC GROWTH**
**SDG 8 –  
Decent Work and Economic Growth**

Employment to 270+ women in mask / PPE / pad / food production; skill training for inmates and rural women.

**10 REDUCED INEQUALITIES**
**SDG 10 –  
Reduced Inequalities**

Inclusion of prison inmates, rural women, and marginal communities in livelihood and health programs.

**11 SUSTAINABLE CITIES AND COMMUNITIES**
**SDG 11 –  
Sustainable Cities & Communities**

Promotion of eco-friendly Holika Dahan, cow-dung logs for cremation grounds, and cultural sustainability.

**12 RESPONSIBLE CONSUMPTION AND PRODUCTION**
**SDG 12 –  
Responsible Consumption and Production**

Upcycling cow dung into value-added products; encouraging traditional and sustainable alternatives.

**13 CLIMATE ACTION**
**SDG 13 –  
Climate Action**

Promotion of eco-friendly, biodegradable products; reduced reliance on wood for cremation

**16 PEACE, JUSTICE AND STRONG INSTITUTIONS**
**SDG 16 –  
Peace, Justice & Strong Institutions**

Rehabilitation and empowerment of prison inmates through skill-building and employment.

**17 PARTNERSHIPS FOR THE GOALS**
**SDG 17  
Partnerships for the Goals**

Collaborations with government departments, local gaushalas, schools, NGOs, and Mahila Morcha





# KEY INITIATIVES & ACHIEVEMENTS

## MENSTRUATION



# MENSTRUATION



In the year 2021–22, Dyvigya Care Wellness Foundation deepened its commitment to menstrual health and hygiene, reaching underserved communities through targeted awareness drives, employment initiatives, and sustained distribution of menstrual products. Our initiatives focused not only on promoting healthier menstrual practices but also on empowering women to become advocates and earners in their communities.

## ***KEY HIGHLIGHTS:***

### **Sub-Urban Outreach (Moradabad):**

Awareness campaigns were organized across several sub-urban pockets in Moradabad district. These sessions emphasized menstrual hygiene, use of organic and biodegradable products, and busting prevalent myths surrounding menstruation. Women were also introduced to safe practices and health care services available locally.



## **Empowerment through Employment:**

Parallel to awareness campaigns, employment drives were initiated for women interested in working as menstrual health educators and pad distribution facilitators. These women became crucial pillars in sustaining awareness efforts within their communities.

## **Village-Level Campaigns – Hussainpur, Moradabad:**

A focused campaign was conducted in Hussainpur village, where both menstrual hygiene awareness and free organic pad distribution took place. Local women were actively engaged and many showed interest in training programs for future participation.

## **Collaboration with BJP Mahila Morcha, Ghaziabad:**

In an impactful step toward community integration and outreach, Dyvigya collaborated with the BJP Mahila Morcha, Ghaziabad to conduct menstrual awareness sessions in multiple areas of the district. This partnership enabled the Foundation to reach a wider audience, strengthen credibility among rural and semi-urban populations, and enhance volunteer participation. The sessions, led by trained health educators and Mahila Morcha representatives, successfully promoted dialogue around menstrual health, nutrition, and sanitation.



## **Public Engagement & Pad Awareness – Modern Public School, Moradabad:**

An exhibition of Dyvigya Care Organic Pads was organized to sensitize students and parents about safe menstrual practices. The exhibition generated enthusiastic participation and served as a platform for advocating eco-friendly menstrual products.

### **Red Dot Challenge – Continued Commitment:**

The Red Dot Challenge, our campaign to normalize menstrual discussions and break taboos, continued to be a symbolic and educational effort. Volunteers across districts wore red dots and conducted street plays, flash talks, and social media campaigns to generate open conversations.



# **MISSION 100 LIFE-ALTERING PADS:**

Under the flagship initiative “Mission 100 Life-Altering Pads,” Dyvigya Care Wellness Foundation took a major leap in making menstrual products accessible to vulnerable populations.

**Mission Objective:** To adopt and provide sustainable menstrual support to 100 women per phase for an entire year, ensuring no woman is left behind due to lack of access.

**Impact in 2021–22:** Over 800+ females from economically disadvantaged and high-need areas were adopted and provided with free, organic, biodegradable sanitary pads for a full year.

**Holistic Support:** In addition to pad distribution, these women were also provided awareness training, nutritional guidance, and regular health follow-ups.

**Sustainability Focus:** Mission 100 pads were sourced from Dyvigya’s in-house organic production units, ensuring environmental responsibility and quality control..



# KEY INITIATIVES & ACHIEVEMENTS **GOVARDHAN PROJECT**



# GOVARDHAN PROJECT- Eco Friendly Practices

The year 2021–22 marked a milestone for Dyvigya Care Wellness Foundation with the launch of its visionary initiative—the Govardhan Project. At the intersection of environmental consciousness, rural employment, and bovine welfare, this project emerged as a path-breaking model for sustainable development.

With an aim to reduce waste, preserve traditions, and generate dignified livelihoods, the project engaged local communities, especially women, in the production of eco-friendly items using cow dung. From religious artifacts to cremation resources, Govardhan revived the age-old relevance of bovine by-products in a modern context.

## **KEY HIGHLIGHTS:**

**Workshops at Gurukuls:** The project began with awareness and skill-building workshops at Gurukuls, where children actively participated in making incense sticks, diyas, and eco-idols of Lord Ganesh from cow dung, fostering a hands-on understanding of sustainability.



## Strategic Collaborations with Gaushalas:

Dyvigya partnered with 9 Gaushalas across four districts — 5 in Moradabad, 2 in Meerut, 1 in Haldwani, and 1 in Garh Mukteshwar (Hapur). These collaborations focused on the mass production of cow dung logs (GauCast) and pooja items, ensuring local sourcing and community participation.

**Employment Generation:** The project provided employment opportunities to women, especially around Ganesh Chaturthi and Diwali. Women were trained and employed to craft Ganesh idols, diyas, incense sticks, and pooja materials entirely from cow dung, combining livelihood support with cultural sensitivity.

**Institutional Engagement:** A significant moment of advocacy was marked by a meeting with Cabinet Animal Husbandry Minister Shri Purushottam Rupala, where the promotion of cow-dung-based entrepreneurship and production systems was discussed to encourage policy-level support.

**Environmental Conservation:** Through the production of cow dung logs (GauCast), Dyvigya supported district administration and crematorium managers in transitioning to eco-friendly cremation practices. This helped reduce wood usage and offered a respectful, Vedic alternative for last rites.



## **Mass Celebrations with Eco-Consciousness:**

Over 1,00,000 diyas made by women were sent to Ayodhya for the Dev Deepawali celebration, promoting sustainable celebration practices at scale.

**Community Outreach:** The team organized and promoted Eco-Friendly Holika Dahan events using Gaucast at over 200 locations across Moradabad and Meerut, reinforcing the cultural and environmental benefits of using bovine waste.

**Showcasing Sustainable Products:** Cow-dung-based items were displayed and marketed at district- and national-level exhibitions, drawing public interest, media attention, and buyer inquiries from eco-conscious circles.

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The Govardhan Project has not only elevated the traditional value of bovine by-products but also established a viable ecosystem for rural entrepreneurship rooted in sustainability, culture, and compassion. Its success continues to inspire replication in other regions.

*Empowering communities, preserving nature, and honouring our bovine companions—Govardhan is more than a project; it is a movement.*





# KEY INITIATIVES & ACHIEVEMENTS

# PRISON INTERVENTION

# PRISON INTERVENTION



In 2021–22, Dyvigya Care Wellness Foundation extended its outreach to a lesser-heard but deeply significant demographic—incarcerated women. Under our Prison Intervention initiative, we combined health, skill development, and emotional empowerment to bring dignity and opportunity to the lives of women in Moradabad and Meerut district prisons.

## KEY HIGHLIGHTS:

### Health & Hygiene Interventions:

On the occasion of International Women's Day, a health awareness session was conducted in Moradabad Women's Jail in collaboration with Mitrakshi Club, Moradabad. This initiative focused on menstrual hygiene and infection prevention, topics often overlooked in prison environments.

To support their well-being, suits, sarees, children's clothes, and seasonal fruits were also distributed during the visit. Additionally, free sanitary pads were given to inmates, and several were adopted under the "Mission 100 Life-Altering Pads" campaign, ensuring a full year of menstrual hygiene support.



## **Skill Development Workshops:**

Dyvigya Care conducted hands-on vocational workshops in crochet, knitting, sewing, and stitching, giving inmates valuable skills to support themselves post-incarceration.

## **Empowering Through Eco-Enterprise:**

In a transformative step toward rehabilitation and employment, incarcerated women were trained in making cow-dung-based products such as Ganesh idols, incense sticks, and diyas. These skills were part of Dyvigya's broader Govardhan Project, tailored for economic empowerment using eco-conscious practices.

## **Employment and Enterprise in Prisons:**

One of the most impactful milestones of the year was the employment of female prison inmates in both Moradabad and Meerut jails for the production of cow-dung-based goods. This was not merely a training program but a fully integrated economic opportunity, allowing inmates to participate in the larger production and distribution ecosystem of Gaucast-based products.

Their creations were featured in district-level exhibitions, festive campaigns like Diwali and Ganesh Chaturthi, and public sales events. These initiatives offered inmates a sense of purpose, while also creating tangible revenue generation and skill recognition.



## Donation Drives & Sustained Support:

Dyvigya also organized regular donation drives aimed at improving the quality of life inside prisons—from hygiene products to personal clothing and nutritious food items, all curated based on the needs identified during field visits.

Our Prison Intervention work this year reflected Dyvigya's belief that rehabilitation must begin with empathy and end with empowerment. Whether through menstrual health awareness, skill training, or livelihood opportunities, every step taken was a stride toward ensuring that no woman is left behind—not even behind bars. This approach reinforced our commitment to holistic well-being—not just through short-term aid but by equipping incarcerated women with long-term tools for reintegration into society. By acknowledging the human dignity of these women, we hoped to provide not just hope, but a platform for transformation.

As we look ahead, Dyvigya remains committed to scaling this model across more prisons in Uttar Pradesh, combining awareness, training, and enterprise in a way that is sustainable, compassionate, and replicable. The success stories from Moradabad and Meerut have proven that rehabilitation, when driven by dignity and opportunity, has the power to reshape lives.





# KEY INITIATIVES & ACHIEVEMENTS *COVID-19* RESPONSE

# COVID - 19 RESPONSE



As the world grappled with the continued waves of COVID-19, Dyvigya Care Wellness Foundation remained steadfast in supporting those left most vulnerable in its aftermath. While the peak of the pandemic had passed, the impact lingered—especially in the lives of daily wage workers, rural families, prison inmates, and women from underprivileged backgrounds. Our interventions during 2021–22 focused on sustained relief, healthcare support, livelihood restoration, and hygiene accessibility, reaching communities across Moradabad, Meerut, and Rampur districts.

The focus was not just survival, but dignity—ensuring families had food, women had hygiene access, and vulnerable groups had ways to earn. From free satvik meals to mask and PPE kit production, each effort aimed to provide both relief and resilience.



# KEY HIGHLIGHTS:

## Nutrition Support for Families and Patients:

To combat food insecurity in the hardest-hit communities, Dyvigya adopted 200 families, providing them with free ration kits for an entire year. For five continuous months, satvik meals were prepared and delivered to COVID-positive patients at their doorsteps, ensuring safe, nutritious food during isolation and illness. Additionally, twice-a-month community food distributions were held in collaboration with AAP SABKI RASOI, specifically for rickshaw pullers, auto drivers, and the homeless population, ensuring no one was left hungry or unattended.

## Health & Hygiene: A Lifeline for the Marginalized-

Under our flagship Mission 100 Life-Altering Pads, 800 women were adopted for a full year of free menstrual hygiene support. This included women living in suburban communities and female inmates in district prisons, who were otherwise neglected in mainstream health programs.

Dyvigya also distributed free medicines to 176 families, addressing ongoing health concerns in low-income areas. Simultaneously, sanitary pads were provided to prison inmates, reaffirming our commitment to dignified hygiene for all women, regardless of circumstance.



## Women-Centered Employment Initiatives:

While aid was crucial, we also focused on restoring livelihoods. Employment was created at every level of our intervention:

- 200+ women were employed to make reusable masks.
- 50 women were engaged in the production of PPE kits.
- 10 women were employed at our sanitary pad-making unit in Moradabad.
- Another 10 women were trained and hired to cook food for COVID patients, helping them support their families while serving others in need.

## In-Prison Relief and Outreach:

Our support extended behind bars. Through multiple visits to the district prisons of Rampur, Moradabad, and Meerut, free essentials were distributed—including food, hygiene items, and seasonal necessities. These drives were curated based on the inmates' needs, helping ease the burdens of incarceration during a public health crisis.

What began as emergency response during the COVID outbreak evolved in 2021–22 into a sustained, community-driven support system. Dyvigya Care's pandemic extension work was not just about providing aid—it was about restoring dignity, agency, and hope in the lives of those hit hardest by the pandemic. Our interventions, rooted in compassion, created a pathway not only for recovery but for renewed empowerment.









# AWARDS

## Rudranch Award



**Rudranch Award for Social Work by Mrs. Usha Choudhary Ji President of Rudranch Society, Modinagar**

## Award for Social Work



**Award for Social Work by Aapki Rasoi**

# AWARDS

## Shakti Yodha Award



Shakti Yodha award under Mission Shakti by Shri Shailendra Kumar Singh ji, DM Moradabad and Shri Vinod Agarwal, Mayor Moradabad for Women Empowerment

## Corona Warrior Award



Corona Warrior award by Dainik Jagran group and DIG Shri Shailesh Mathur Ji for Women Employment during COVID-19 lockdown

# AWARDS

## Women Empowerment & Employment Award



For continuous work in Women Empowerment & Women Employment by International Wrestling Champion Babita Phogat Ji, Supreme Court Advocate & Motivational Speaker and Save Girls Trust

## Corona Warrior Award



Corona Warrior award by Dainik Jagran group and DIG Shri Shailesh Mathur Ji for Women Employment during COVID-19 lockdown

# AWARDS

## Parag Award



**For continuous social work** by Parag Human Foundation & Lifestyle Foundation

## Public TV Award



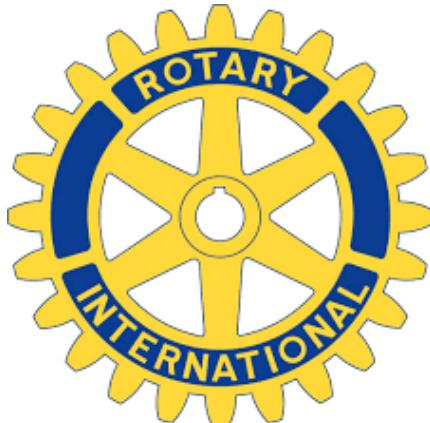
**For continuous social work** in women empowerment by Public TV india



# STAKEHOLDERS & PARTNERS



Prathama Bank,  
Moradabad



Rotary Club,  
Moradabad



Innerwheel Club  
Central, Moradabad



## RUDRAKSH FOUNDATION

Rudraksh Foundation, Meerut



Jansankhya Samadhan Foundation



Mission Shakti, UP Govt



# STAKEHOLDERS & PARTNERS



Mission Beti Bachao  
Beti Padhao, Central  
Govt, India



Nagar Nigam,  
Moradabad



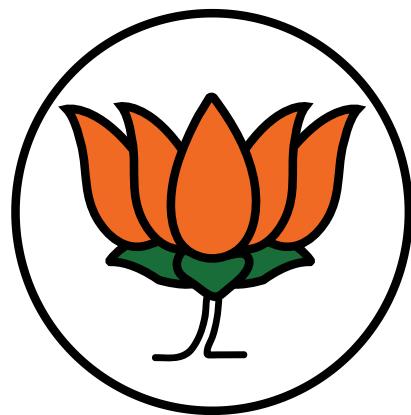
Yes Club,  
Moradabad



Lioness Club Naveen,  
Moradabad



Jain Samaj,  
Moradabad



BJP Mahil Morcha,  
Moradabad & Ghaziabad

## Other Stakeholders:

- Office of Divisional Railway Manager, Moradabad
- Mitrakshi Club, Moradabad
- District Prison, Moradabad
- District Prison, Rampur
- District Prison, Ghaziabad

- District Prison, Meerut
- Nari Niketan, Moradabad
- Office of District Inspector Of Schools, Moradabad
- Office of District Programme Officer (DPO), Moradabad
- Office of District Programme Officer (DPO), Rampur

# LEGAL STATUS

## Legal Status of the Foundation:

### 1. Incorporated and registered under Section 8 of the companies Act, 2013

- Name of the Establishment:- DYVIGYA CARE WELLNESS FOUNDATION
- CIN No.: - U85100UP2020NPL130586
- Date of Incorporation: 8th July, 2020
- PAN No.: - AAHCD8213G

### 2. Registered under 02-Sub clause (vi) of clause (ac) of sub-section (1) of section 12A of the Income tax Act, 1961

- Unique Registration Number: AAHCD8213GE20213
- Date of provisional registration: 4th April, 2022

### 3. Registered under Clause (iv) of first proviso to sub-section (5) of section 80G of the Income tax Act, 1961:

- Unique Registration Number: AAHCD8213GF20229
- Date of provisional registration: 4th April, 2022

## CONTACT US

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