



**Dyvigya Care Wellness
Foundation**

ANNUAL REPORT 2019-20

“Transforming Lives, Building Futures”



Released in JULY 2020



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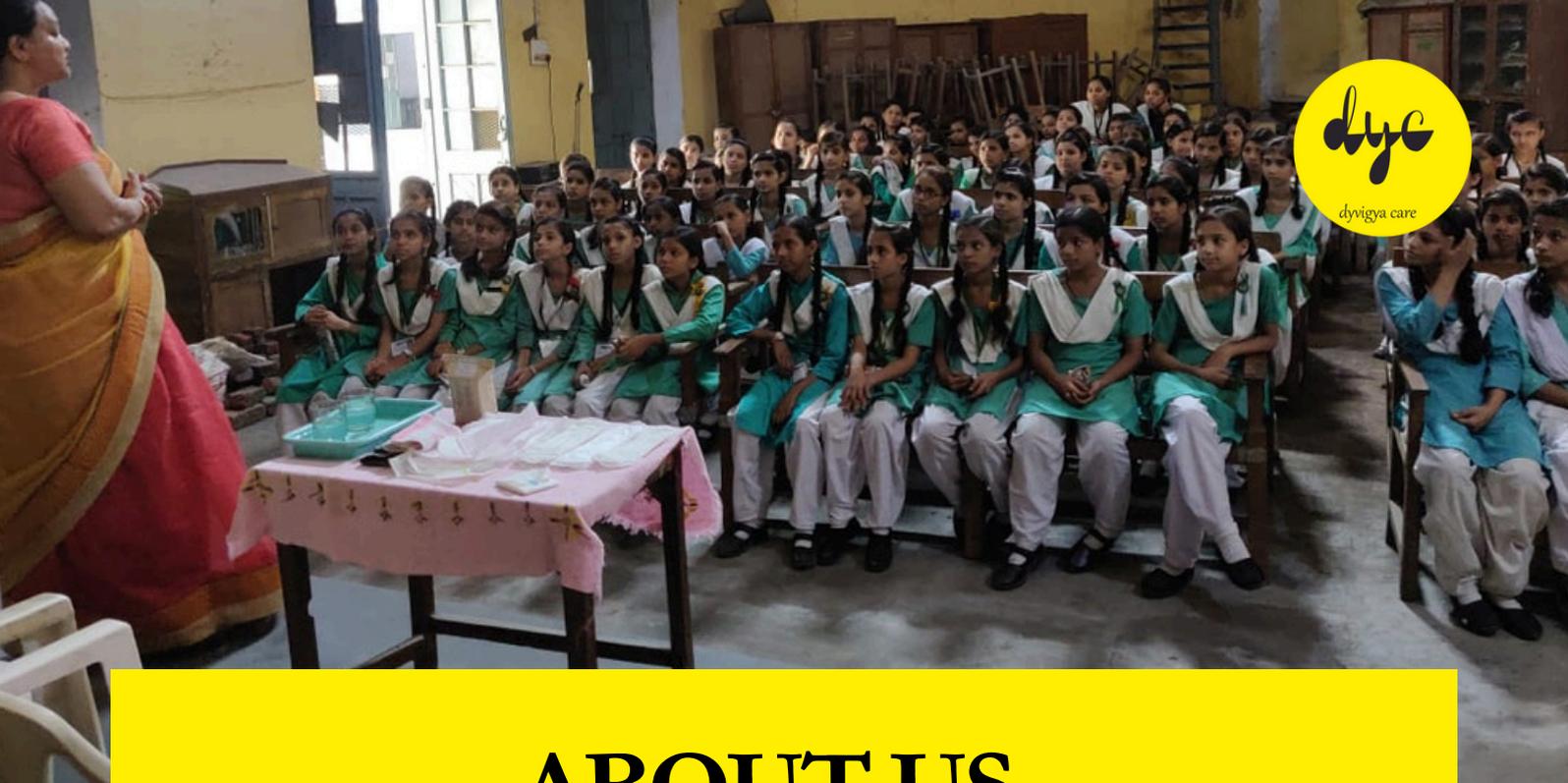
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ABOUT US

Dyvigya Care Wellness Foundation (DYCWF) is a Uttar Pradesh-based organization, registered under Section 8 of the Company's Act, 2016. Founded with the vision to uplift marginalized communities and promote sustainable development, our organization has spent the past years working tirelessly toward creating lasting positive change in the lives of those in need. Our foundation was established with a core belief in the power of community-driven initiatives and the potential for transformation through education, health, skill development, and environmental sustainability.

From our early days, we have focused on building strong relationships with local communities, government bodies, and other stakeholders to implement meaningful projects that address key challenges such as poverty, gender inequality, lack of education, and access to basic amenities. We prioritize grassroots-level interventions that create long-term, scalable impact, empowering individuals and communities to thrive independently.

Our approach is rooted in compassion, collaboration, and a relentless drive to make a difference. Over the years, we have expanded our reach to multiple districts in Uttar Pradesh, providing vocational training, improving health and sanitation standards, promoting women's rights, and supporting the welfare of animals. We have also focused on environmental sustainability, championing eco-friendly solutions like waste-to-product initiatives and tree plantation programs. As we continue to grow, our foundation remains committed to working hand-in-hand with local communities, government agencies, and like-minded organizations to implement projects that improve the quality of life for those who need it most. Our work is guided by the belief that true change happens when we empower individuals and create opportunities for growth and development at every level.



VISION

To foster a sustainable and inclusive world where poverty is eliminated, gender equality is realized, and environmental balance is achieved through innovative and compassionate initiatives.

MISSION

To empower marginalized communities, especially women and girls, through targeted support and empowerment programs. We focus on cow welfare, promoting sustainable agricultural practices, and advancing climate action through responsible production methods. By addressing the interconnected challenges of poverty, gender inequality, and climate change, we aim to build a resilient and equitable society.

DIRECTOR'S NOTE



As we look back at 2019-20, we take pride in the milestones achieved and the positive impact we have made across various communities. This year, our primary focus was on uplifting underprivileged groups through education, skill development, and health initiatives. We successfully launched our vocational training programs in multiple districts, providing livelihood opportunities to thousands of individuals.

Our health initiatives, including sanitation and hygiene campaigns, reached hundreds of rural families. These programs, which focused on clean water, sanitation, and menstrual health awareness, were essential in improving the quality of life for many women and children. In addition, we provided vital resources such as sanitary pads, books, and essential household items to underserved communities.

In this period, we also focused on expanding our partnerships with local stakeholders and organizations, which helped us scale our impact. I am proud of the collective effort of our team, volunteers, and partners, who have made these accomplishments possible. The year 2019-20 laid the foundation for the transformative work that would follow, and we are excited to continue this journey of creating lasting change.

— **Neena Jain**

Director, Dyvigya Care Wellness Foundation

KEY INITIATIVES & ACHIEVEMENTS



The year 2019–20 marked the beginning of our purposeful journey toward creating lasting impact across social and environmental spheres. With a strong commitment to sustainability and the empowerment of marginalized communities, this foundational year was dedicated to laying the groundwork for a mission that seeks to transform lives. Guided by the values of inclusivity, innovation, and compassion, we initiated efforts that not only addressed immediate needs but also fostered long-term resilience. Each step taken during this period reflected our resolve to uplift underserved populations while promoting practices that honor both people and the planet. It was a year of vision, conviction, and the first of many milestones in our pursuit of meaningful change.



Menstrual Health and Hygiene

Dates: April 2019 – March 2020

Specific Activities:

- Organized over 50 menstrual hygiene awareness workshops across schools and rural communities in District Moradabad. These interactive sessions aimed to break taboos, educate young girls and women about safe menstrual practices, and promote health and dignity.
- Distributed 5,000 sanitary pad kits to adolescent girls and women, with a focused outreach in high-need and underserved areas of Moradabad. This initiative helped ensure menstrual hygiene access for those who lack basic sanitary resources.
- Trained more than 350 local women and schoolteachers as peer educators to continue spreading awareness within their own communities. These peer leaders now play a vital role in fostering open conversations, dispelling myths, and supporting menstrual health at the grassroots level.

Impact:

- Reached over 3,500 adolescent girls and women through sustained awareness and outreach programs, resulting in a notable 30% improvement in menstrual hygiene practices within the targeted communities.
- Achieved a 15% reduction in school absenteeism among adolescent girls by addressing period-related challenges through education, access to sanitary products, and supportive school environments.

COVID-19 Relief Efforts

Dates: March 2020

Specific Activities:

- Distributed ration kits and protective masks to over 2,500 individuals across both urban and rural areas of District Moradabad. Each kit included essential food items to support families facing hardship during the COVID-19 lockdown.
- Partnered with local health authorities to provide free homeopathic immunity boosters—as recommended by the Ministry of AYUSH—to 3,000 families, helping to strengthen community-level health resilience.
- Deployed mobile awareness units that reached 10,000 people, delivering vital information on COVID-19 safety protocols, hygiene practices, and prevention measures through visual aids and community engagement.



Impact:

- Ensured food security for 400 vulnerable families by providing regular supplies of essential groceries for a sustained period of two months, helping them navigate the economic strain caused by the pandemic.
- Led focused awareness initiatives on COVID-19 safety protocols, resulting in a 20% increase in mask usage and improved adherence to preventive measures within the target communities.



Prison Reform and Rehabilitation

Dates: August 2019 – January 2020

Specific Activities:

- Conducted skill-building workshops for 130 incarcerated women in Moradabad and Bareilly prisons, focusing on vocational training and livelihood development through handcrafted products.
- Facilitated market linkages to support the sale of prison-made products during festivals, enabling women to earn income and gain financial empowerment even while serving their sentences.

Impact:

- Equipped over 100 women with essential vocational skills through targeted training programs, enabling them to pursue sustainable livelihoods and fostering greater economic self-reliance and confidence within their communities.

Skill Development and Livelihood Generation



Dates: June 2019 – February 2020

Specific Activities:

- Conducted over 40 training sessions in knitting, embroidery, and tailoring across rural regions of Uttar Pradesh, empowering women from economically weaker sections with valuable handcrafting skills.
- Collaborated with local schools and army regiments to distribute 3,000 handcrafted woolens, including crocheted and knitted mufflers, caps, and sweaters—providing warmth and a sense of dignity to recipients while supporting women artisans.
- Organized three handicraft exhibitions in Uttar Pradesh, Delhi, and Uttarakhand to showcase participants' creations, celebrate their craftsmanship, and raise funds to sustain and scale the initiative.

Impact:

- Empowered over 250 women through skill development programs, equipping them with market-relevant abilities. As a result, 60% of the trained participants began earning supplementary income, contributing to their household finances and enhancing their economic independence.



SUSTAINABLE DEVELOPMENT GOALS (SDGs)



Our initiatives during this year directly contributed to the following SDGs:



Goal 3: Good Health and Well-being –

Through menstrual hygiene awareness and COVID-19 relief.



Goal 5: Gender Equality –

By empowering women with skills and resources.



Goal 12: Responsible Consumption and Production –

Via eco-friendly products and sustainable practices.



Goal 16: Peace, Justice, and Strong Institutions –

By reforming and rehabilitating incarcerated women.

Conclusion

2019-20 was a pivotal period of growth and learning for our organization. By addressing critical issues such as health, livelihood, and sustainability, we planted the seeds for long-term impact. As we look ahead, we remain steadfast in our resolve to expand our reach, deepen our impact, and continue building a brighter future for all.

MEDIA & AWARDS



'पैड वूमन' कर रही बेटियों को सशक्त

प्रज्ञा सुब्रह्मण्यम - मुद्रादाबाद

गौरी जैन गांव-गांव जाकर छात्राओं व महिलाओं को सस्ते सेनेटरी नैपकिन उपलब्ध करा रही हैं। एक साल पहले स्टैंड अप से शुरू किए इस सफर में 500 से ज्यादा महिलाओं को स्वरोजगार से जोड़ा है। सेनेटरी नैपकिन का प्लांट लगाने के लिए उन्होंने केंद्र सरकार की महिलाओं के लिए शुरू की गई स्टैंड अप योजना के तहत लोन लेकर यह सफर शुरू किया था, आज गांव-गांव में उन्हें पैड वूमन के नाम से पुकारा जाता है। गौरी बताती हैं कि ग्रामीण अंचल में आज भी महिलाओं में जागरूकता की कमी है। वह सेनेटरी नैपकिन की जगह कपड़े का प्रयोग करती हैं। इसलिए उन्होंने इस दिशा में काम करने की सोची। करीब एक साल

लोन लेकर शुरू की यूनिट केंद्र सरकार की महिलाओं के लिए शुरू की गई स्टैंड अप योजना के तहत उन्होंने जनवरी 2020 में प्रथम यूथी ग्रामीण बैंक से 12.5 लाख का लोन लिया। इसकी मदद से उन्होंने मोर गांव में सेनेटरी पैड बनाने के लिए छह महिलाओं के साथ यूनिट शुरू की। पैड को गांधी तक पहुंचाने में पांच सौ से ज्यादा महिलाओं को स्वरोजगार से जोड़ा है।

सरसा और सुरक्षित है पैड गौरी बताती हैं कि वह मात्र 25 रुपये में सात पैड गांधी की महिलाओं के लिए तैयार कर रही हैं, जबकि इसके मुकाबले अन्य ब्रांड का एक पैड 40 से 50 रुपये में पड़ता है।

फाले दिव्यया केयर के नाम से सेनेटरी नैपकिन बनाना शुरू किया। इसके लिए उन्होंने गांव-गांव में जागरूकता शिबिर किए, जिससे महिलाएं नैपकिन के बारे में ज्ञान के बारे में ज्ञान।

इनर व्हील क्लब सदस्य न हेलाओं को बांटे सैनटरी पैड

(उत्तर केसरी संवाददाता) से चला सकती है। उन्होंने कहा मुद्रादाबाद। इनर व्हील क्लब यह हमारा निरंतर चलने वाला प्रोग्राम है। हमारा प्रयास होगा कि कार्यक्रम के तहत टेकिंग केयर गांव-गांव में और कन्या विद्यालय पर क्लास की।

महिलाओं और लड़कों को जागरूक करें। द्युति ने सुनाया कि कह दुनिया कि नारी कमजोर पर आज भी नारी को घर चलाने की डो डा. सुरभि अग्रवाल महिलाओं की स्वसम्बंधी समस्याओं समाधान किया। कार्यक्रम में सभी महिलाओं को अध्यक्ष अंजू अग्रवाल ने कहा

देविग्या केयर अल्ट्रा सॉफ्ट सेनेटरी पैड का किया उद्घाटन

मुद्रादाबाद (विधान केसरी)। सोमवार को पिली कोठी जैन मंदिर के सामने आदिनाथ बाय गौरी साड़ियों के शोरूम के साथ-साथ देविग्या केयर अल्ट्रा सॉफ्ट सेनेटरी पैड का उद्घाटन किया गया जिसमें मुख्य अतिथि जिला चिकित्सा अधिकारी विनीता अग्निहोत्री रही। मुख्य अतिथि डॉक्टर विनीता ने बताया कि यह पैडज ऑर्गेनिक यानी 100 प्रतिशत कॉटन के बने हैं। यह बहुत ही सॉफ्ट पैडज हैं इसको इस्तेमाल करने से लेडीज मासिक धर्म के दौरान बहुत सी परेशानियों से बच सकती हैं। उद्घाटन में विशिष्ट अतिथि महापौर विनोद अग्रवाल, शिखा गुप्ता, डॉक्टर लता चंद्रा जी, डॉक्टर विमिता अग्रवाल, वैश्य समाज के जिला अध्यक्ष नितिन गुप्ता भट्टे वाले, डॉक्टर बबीत गुप्ता, रीता सिंह आदि लोग उपस्थित रहे।

संक्षेप पौधरोपण संग पर्यावरण संरक्षण का संदेश

मुद्रादाबाद। सत्या कॉलेज ऑफ हायर एजुकेशन में उप-निदेशक डॉ सतवीर सिंह चौहान के नेतृत्व में बरगद समेत विभिन्न पौधे रोपे गए। मीनाक्षी त्यागी, नेहा चौहान, भावना शर्मा, नेपाल सिंह पाल, टीकम सिंह, विपिन ठाकुर आदि मौजूद रहे।

सैनेटरी पैड पर किया जागरूक

मुद्रादाबाद। प्रताप सिंह कन्या इंटर कॉलेज में सामाजिक संस्था द्विविज्ञा फ्लायर की ओर से मासिक धर्म जागरूकता कार्यक्रम का आयोजन किया गया। छात्राओं को मासिक धर्म व सैनेटरी पैड की जानकारी दी। द्युति जैन ने कहा कि लंबे समय तक एक ही पैड का इस्तेमाल खतरनाक हो सकता है। प्रधानाचार्य सीमा शर्मा, सुमन शर्मा, गौरी जैन आदि रहीं।

सस्ते और सिंथेटिक पैड प्रताप सिंह इंटर कालेज में छात्राओं को

दिव्यया केयर अल्ट्रा सॉफ्ट सेनेटरी पैड का उद्घाटन किया गया जिसमें मुख्य अतिथि जिला चिकित्सा अधिकारी विनीता अग्निहोत्री रही। मुख्य अतिथि डॉक्टर विनीता ने बताया कि यह पैडज ऑर्गेनिक यानी 100 प्रतिशत कॉटन के बने हैं। यह बहुत ही सॉफ्ट पैडज हैं इसको इस्तेमाल करने से लेडीज मासिक धर्म के दौरान बहुत सी परेशानियों से बच सकती हैं। उद्घाटन में विशिष्ट अतिथि महापौर विनोद अग्रवाल, शिखा गुप्ता, डॉक्टर लता चंद्रा जी, डॉक्टर विमिता अग्रवाल, वैश्य समाज के जिला अध्यक्ष नितिन गुप्ता भट्टे वाले, डॉक्टर बबीत गुप्ता, रीता सिंह आदि लोग उपस्थित रहे।

आवश्यक सूचना

संक्षेप में बताया कि कुछ महिलाएं और लड़कियां एक ही पैड को लंबे समय तक इस्तेमाल करती हैं, जो खतरनाक हो सकता है। पैड सिर्फ एक बार इस्तेमाल करने के लिए बनाए जाते हैं। हमें सस्ते और सिंथेटिक पैड इस्तेमाल नहीं करने चाहिए।

समय-समय पर गौरी जैन ने छात्राओं को मासिक धर्म के समय होने वाली

स्वच्छता के प्रति किया प्रेरित

मुद्रादाबाद। द्विविज्ञा केयर संस्था के तत्वावधान में प्रताप सिंह इंटर कालेज में छात्राओं को मासिक धर्म के समय स्वच्छता के प्रति प्रेरित किया तथा सेनेटरी पैड की जानकारी दी। शोध छात्रा द्युति जैन ने कुछ महिलाएं व लड़कियां एक ही पैड को लंबे समय तक इस्तेमाल करती हैं, जो खतरनाक है। पैड केवल एक बार इस्तेमाल करने के लिए बनाए जाते हैं। उन्होंने मासिक धर्म के समय होने वाली बीमारियों की जानकारी दी। जागरूकता और सजगता से कई बीमारियों से बचा जा सकता है। कार्यक्रम में प्रधानाचार्या सीमा शर्मा, सुमन शर्मा, गौरी जैन, द्युति जैन व करीब 600 छात्राएं रहीं। ब्यूरो

MEDIA & AWARDS



Dignity Award



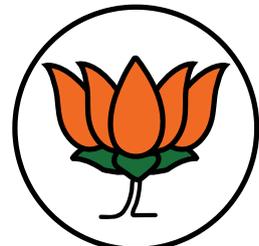
Dignity Award 2020

by Kamla Pancham Foundation and Parag Human Foundation

STAKEHOLDERS & PARTNERS



- Innerwheel Club Central, Moradabad
- Jansankhya Samadhan, Moradabad
- Mission Shakti, UP Govt.
- Mission Beti Bachao Beti Padhao, Central Govt, India
- Nagar Nigam, Moradabad
- Lioness Club Naveen, Moradabad
- Jain Samaj, Moradabad
- BJP Mahil Morcha, Moradabad
- Office of Divisional Railway Manager, Moradabad
- Mitrakshi Club, Moradabad
- District Prison, Moradabad
- District Prison, Meerut
- Nari Niketan, Moradabad
- Office of District Inspector Of Schools, Moradabad
- Office of District Programme Officer (DPO), Moradabad





LEGAL STATUS

Legal Status of the Foundation:

Incorporated and registered under Section 8 of the companies Act, 2013

Name of the Establishment:- DYVIGYA CARE WELLNESS FOUNDATION

CIN No.:- U85100UP2020NPL130586

Date of Incorporation: 8th July, 2020

PAN No.:- AAHCD8213G

Registered under 02-Sub clause (vi) of clause (ac) of sub-section (1) of section 12A of the Income tax Act, 1961

Unique Registration Number: AAHCD8213GE20213

Date of provisional registration: 4th April, 2022

Registered under Clause (iv) of first proviso to sub-section (5) of section 80G of the Income tax Act, 1961:

Unique Registration Number: AAHCD8213GF20229

Date of provisional registration: 4th April, 2022

Registered under NGO Darpan :

Unique Registration Number: UP/2021/0299352

Date of provisional registration: 19th September, 2023

As issued by MCA:

CSR Registration Number: CSR0009286

CONTACT US

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